

## preemiePRO 🤣 👼



Vol. VII, Issue 11: November 2020



### A NOTE FROM JENNY

At 26 weeks gestation, at a routine checkup, my doctor could not locate my son's heartbeat. I was immediately placed in an ambulance and rushed to the nearest hospital and prepped for surgery. I remember pleading with the OR nurse, "he's not ready yet. It isn't time," though I knew this was Joshua's only chance of suvival. Thus began our preemie story that continues today, eight years later.

We all have our own special stories. We all understand heartbreak and pride. We are preemie parents.

Throughout Prematurity Awareness Month and on November 17th, World Prematurity Day, PreemieWorld is shining a spotlight on this maternal and infant health crisis. Help us by sharing your story on social media. Tag PreemieWorld on all your preemie stories and pictures and we will be sharing them throughout the month of November!



continued at preemieworld.com/note-from-jenny-2020-Nov

## STRATEGIC PARTNERS

PROLACTA BIOSCIENCE



prolacta.com

ONCE UPON A PREEMIE



SAGE THERAPEUTICS



sagerx.com
NICU HEALING



nicuhealing.com

WANT TO PARTNER WITH PREEMIEWORLD?

### Visit preemieworld.com/our-partners to inquire.

#### **INDUSTRY NEWS**

- Study highlights heart-health issues for adults who were preemies http://preemie.us/PreemieHeartHealth
- Did Lockdowns Lower Premature Births? A New Study Adds Evidence
   http://preemie.us/Covid19Lockdowns
- Software tool for MRI predicts motor development disorders in preterm babies - http://preemie.us/SoftwareMRI
- Probiotics stabilized preemies' guts, tamped down problem species, study shows - http://preemie.us/ProbioticsPreemies



continued at preemieworld.com/industrynews-2020-Nov



#### **MIKE WALSH**

#### PRESIDENT OF PATIENT ADVOCACY STRATEGIES



"I've always felt Teddy Roosevelt's quote
"do what you can, where you are, with
what you have" can apply to every human
being on this earth. It's particularly
appropriate to health advocacy and
patient engagement.

- Mike Walsh

Meet Mike Walsh - President of Patient Advocacy Strategies, a consulting firm that bridges life sciences companies and patient communities.

"When it comes to working with patients and their care providers, I try to listen more than give advice. Witnessing the evolution of the preemie space over the past decade with so many incredibly sophisticated support organizations such as Preemieworld, my advice is to reach out early and often. It truly does take a village and is incumbent upon healthcare providers and all of us to make these resources accessible, states Mike Walsh.



continued at preemieworld.com/pro-2020-Nov



# CANADIAN PREMATURE BABIES FOUNDATION

**OUTREACH: CANADA** 



anadian Premature Babies Foundation

Started in 2012, Canadian Premature Babies Foundation is the first national organization in Canada to support premature babies and their families.

Katharina Staub, the founder, is a mother of premature twins, who had the vision to be the voice of premature babies and their families in Canada. With Katharina's leadership, Canadian Premature Babies Foundation has developed partnerships across the world, all with the common goal of advocating for and providing support to premature babies and their families.



continued at preemieworld.com/org-2020-Nov

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## PREEMIE SWAG



It's not just the cool design or perfect fitour t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



## QUESTION OF THE MONTH

Tell us about your proudest moment in the NICU.

@preemiecrystalball: Kangaroo Care! I finally felt like a mother and could see she knew me.

@rockerchick4life: The moment my son made it to an open crib. It felt a little more normal in an extremely "not normal" environment. I knew we were close to getting him home and I was incredibly proud of all his hard work.

@countrygirl2533: When she was able to drink her bottle without any bradys. I was so proud in that moment.



### PREEMIEWORLD TAGS

#### **JOSELYNN EXCIE ISABELLA**

44 Joselynn was born December 27, 2017 at 25 weeks and 2 days. Joselynn spent 126 days in the NICU.



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

5

Joselynn is 2 and can identify her alphabet, numbers, colors and shapes. She is able to spell her name and say about 100 words. At the age of 2 she was diagnosed with cerebral palsy, however, that does not stop her one bit. Joselynn loves to tell everyone "BBB" she is Brilliant, Beautiful and Blessed!

#### continued at preemieworld.com/PWtags-2020-Nov



### WHAT'S NEW?

#### PREEMIEWORLD NEWS



- PreemieWorld Editor, Jenny McCormick was interviewed as the Community Spotlight for the award-winning Chance Theater, in Episode 4 of Some Good News, O.C. Check it out! http://preemie.us/SpotlightJennyM
- Deb Discenza co-chaired the "Racial & Healthy Equity in Clinical Trials" session at the International Neonatal Consortium (INC) in late October. She is hopeful for an ongoing workgroup. Learn more at https://c-path.org/programs/inc/#INC2020



continued at preemieworld.com/WhatsNew-2020-Nov

## PREEMIE GENIUS

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#### LOVING MYSELF AGAIN

Depleted of energy, overwhelmed and at a loss as to how to practice self-care?

Loving Myself Again
Self-care from A-Z after a NICU stay
is a highly recommended read!



preemieworld.com/preemiegenius-2020-Nov



#### PREEMIE STORY OF THE MONTH

#### SCOTLYN SCHLANGER



\*\*MICU on anyone, but it brought my little family together like nothing else could. \*\*J\* moment of my life.\*\*

- Paige Schlanger

Freemie Mom, Paige recalls, "My pregnancy was going perfectly, I almost couldn't believe it. No morning sickness, glowy skin, everything was going well...until it wasn't."

Paige continues, "My water broke at 25 weeks and 4 days due to a partially ruptured membrane. I was having contractions, put on bedrest and was told that I wasn't going to leave the hospital without a baby. That was the scariest moment of my life."



continued at preemieworld.com/preemiestory-2020-Nov



## PREEMIE FREEBIES

#### **ACCESS TO SYNAGIS**

Thanks to the drug, Synagis, parents of preemies have a tool that can aid them during the perilous season of RSV. Download our November Freebie, Access to Synagis for tips and advice when insurance doesn't cover it. Ahora disponible en Español.



get it at preemieworld.com/preemie-freebies

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