





Vol. VII, Issue 12: December 2020



A NOTE FROM JENNY

Seasons Greetings, PreemieWorld Community! Whew! What a year it has been! Despite a worldwide pandemic, unrest and more, PreemieWorld continues to find new ways to reach out and advocate for preemie families.

With this in mind. PreemieWorld is excited to announce a special giveaway! We are donating to a lucky NICU, an entire box of Deb's book, The Preemie Parent's Survival Guide to the NICU. Our hope is that this book will provide the much needed support and guidance to preemie families currently in the NICU. But, wait! There's more! We will also be giving away an entire box of the book, Once Upon a Preemie, by Author, Jenné Johns. Stay tuned on social media for additional updates.

As we move ever forward, we will continue to be of service to you in a hope-filled new year.



continued at preemieworld.com/note-from-jenny-2020-Dec



PROLACTA BIOSCIENCE



prolacta.com **ONCE UPON A PREEMIE**



SAGE THERAPEUTICS



sagerx.com NICU HEALING



WANT TO PARTNER WITH PREEMIEWORLD?

Visit preemieworld.com/our-partners to inquire.

INDUSTRY NEWS

- What It's Like to Give Birth with COVID-19 https://preemie.us/ Covid19
- 'ICU grandpa,' who cradled sick and premature babies, has died https://preemie.us/ICUGrandpa
- Firefighters Help First-Time Mother After Baby's Premature Birth https://preemie.us/FireFighterHelpsPreemie
- Study Finds Family History Can Predict & Prevent Preterm Birth https://preemie.us/FamilyHistoryPretermBirth



continued at preemieworld.com/industrynews-2020-Dec



VINCENT C. SMITH, MD MPH

DIVISION CHIEF OF NEWBORN MEDICINE AT BOSTON MEDICAL **CENTER**



C Babies are awesome! Let's do what we can to support them!

- Vincent Smith

Dr. Smith has been working with babies since he was a resident in the late 1990's and realized that babies are pretty amazing and decided to do his fellowship in neonatal-perinatal medicine in the early 2000's and has been practicing neonatology since 2003.

"Babies are the most amazing thing ever! Being a neonatologist means that we get to spend a lot of time with families during a very important time of their lives. It is an honor to be able to serve and work with families during this very precious time," shares Dr. Smith.



continued at preemieworld.com/pro-2020-Dec



HAND-TO-HOLD

OUTREACH: TEXAS. USA



Hand to Hold helps families before, during and after a NICU stay or in the event of infant loss.

Kelli Kelley founded Hand to Hold in 2010 after her son, Jackson, was born in August of 2000, weighing just a pound and a half at 24 weeks. Her daughter, Lauren, was born at 34 weeks and also required a NICU stay. Kelley suffered from psychosocial issues for years after her children's early births. "I don't ever want another NICU parent to feel alone like I felt," she says.



continued at preemieworld.com/org-2020-Dec

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PREEMIE SWAG



It's not just the cool design or perfect fitour t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



QUESTION OF THE MONTH

Tell us your first thought when you saw your preemie for the first time?

@atmomalways: She's Alive!

@secretstaric: WOW! So precious. She was only 2 pounds, my precious miracle babygir!

@nikjin1: That's my daughter, the fighter. Mummy is here.

@kenziepoohstory: Wow!! My li'l warrior!

@bree bee blessed: My tiny baby!



PREEMIEWORLD TAGS

SOLIKHA MAYA

Meet Solikha Maya, a former 27-weeker, born weighing 1lb, 15oz and spent 98 days in the NICU.



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

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Life after the NICU has been a rollercoaster ride. Early on, Solikha was labeled in the 1 percentile in intelligence with poor fine motor skills among other delays, but she has made tremendous strides, she talks in full sentences and impresses every day! She is full of life, love and curiosity, with a vivid imagination and tons of energy.



WHAT'S NEW?

PREEMIEWORLD NEWS



- Deb Discenza will be featured in the Season of Nurturing: Lunch Break Stories benefiting Infant Massage USA on December 2nd, 1pm, EST. Get your FREE ticket now to this virtual event: https://givebutter.com/seasonofnurturing
- Instagram LIVE Fridays Join PreemieWorld on Instagram LIVE every Friday for interviews, support and more and don't miss out on our PreemieWorld Giveaways for your chance to win some cool prizes.



continued at preemieworld.com/WhatsNew-2020-Dec

PREEMIE GENIUS



I WAS SMALL BUT NOW I'M TALL

Author of From Hope to Joy and Stuck in Bed, Jennifer Degl continues to help the preemie community with her latest book, I Was Small But Now I'm Tall.

A perfect book for your preemies as they grow!
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PREEMIE STORY OF THE MONTH

DONOVAN PABLO QUIROZ-QUINTERO



"The miracle we didn't know we needed, our little fighter mommy and daddy love you so much."

- Karen Quintero

66 "On May 23rd, at 2:00am, was the day my water broke. I was 27 weeks and 4 days into my pregnancy," recalls mom, Karen Quintero.

"As we were in the midst of the Covid-19 pandemic, I was not allowed to go into the ER with anyone else to see if I was in labor and to find out what was going on. Let me remind you, I am a first-time mom and never did I think I would be able to have a baby, so all this was unbelievable and when my water broke, I was completely clueless as to what was going to happen to us."



continued at preemieworld.com/preemiestory-2020-Dec



PREEMIE FREEBIES

HOLIDAYS WITH PREEMIES

The holiday season is especially tough for families with premature babies. Whether they are in the NICU or at home, life is just so much more complex. Download our latest freebie to help make the holiday season a little brighter. Ahora disponible en Español.



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