

preemiePRO 🧔 🔬

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According to the 2020 March of Dimes Report Card, in the United States, the preterm birth rate among Black women is 50% higher than the rate among all other women.

Factors such as lack of access to maternity care, financial instability and lack of health insurance play a big part in deepening many health inequities in our society. With this being said, we are incredibly proud of organizations that are stepping up to the plate and using their voice to create a vision to support Black NICU Families.

Learn more about the Alliance for Black NICU Families and their important mission. <u>https://www.</u> blacknicufamilies.org/

If you know a Black NICU parent, please share this link to a confidential survey about their NICU experience: https://preemie.us/BlackNICUFamilies



INDUSTRY NEWS

- Inside the pandemic-era NICU, where one-parent rules and strict visitation hours are upending the lives of critically ill babies
 <u>http://preemie.us/Pandemic</u>
- Government Report Says Top Baby Foods Contain Toxic Metals.
 <u>http://preemie.us/BabyFood</u>
- 4 Ways Extreme Stress Affects The Fetus <u>https://www.babygaga.</u> com/ways-extreme-stress-affects-fetus/
- Premature newborn dies of COVID; mother tested positive days prior - <u>http://preemie.us/CovidRelated</u>

Solution of the second second





C C "MFM and NICU research go hand-inhand; in order to help both mother and child, you must always consider the other and how your actions may affect their outcome." 77 - Lena Papadakis

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LENA PAPADAKIS

MATERNAL FETAL MEDICINE INTERN - BRIGHAM AND WOMEN'S Hospital

> Meet Lena Papakakis, former preemie and Medical Fetal Medicine Intern

"As a prior preemie myself, I know firsthand the importance that research and science play in supporting at-risk maternal patients and their little ones! Having grown up in and out of hospitals, I bring a longstanding admiration for the miracles of critical care medicine, and a passion to help improve the lives of patients, no matter how small," shares Lena.



continued at preemieworld.com/pro-2021-Mar

STRONGER THAN YOU KNOW

OUTREACH: NATIONAL

"My daughter, Laila, was born three and a half months early and spent most of that time in the NICU. I know the journey all too well. You are definitely not alone," shares Founder of Stronger Than You Know, Dr. Christie M. Person.

This faith-based community is for every parent of a premature infant who has been touched by their own NICU experience. "There will be moments of worry and moments of celebration. With faith in God, you can and will get through this. You and your little one are the strong warriors you always knew you could be."

continued at preemieworld.com/org-2021-Mar

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It's not just the cool design or perfect fitour t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



Tell us about your preemie's heart health.

@mcqueen_galaxy: She is doing good. At two months, she had her heart operation in 2019. Her doctor told us at her last visit that her heart is healing nicely. My baby has DS and she will be evaluated for Autism next month. I love her so much. It's just me and my baby. She's my savior ... my everything really.

@rockerchic4life: My 26-weeker had a PDA early on which caused acidosis. Thankfully the acidosis improved and the PDA closed and no further treatment was needed from cardiology.



PREEMIEWORLD TAGS

NAKAI, PHOENIX, LIANELLA KANAVENTI



Tag us on Instagram before the 15th of the month for a chance to be highlighted!

Meet Nakai. Phoenix and Lianella, former 32 week triplets, each weighing just over 3 lbs. All three required breathing treatments, but quickly put on weight as they learned to breastfeed. Phoenix spent 28 days in the NICU, Lianella, 35 days and Nakai, 36 days.

At age three, all are potty trained and in the 90th percentile and above for height and quite advanced in language and " gross motor skills.

continued at preemieworld.com/PWtags-2021-Mar



WHAT'S NEW?

PREEMIEWORLD NEWS



- Are you a parent with an older preemie? Take a moment to read, Senior Editor of PreemieWorld, Jenny Mc-Cormick's latest blog: What?! Preemie life doesn't end after the NICU! - http://preemie.us/AftertheNICUBlog
- Winner of our PreemieWorld My Little House toy Giveaway: Congratulations to Silas Beck of Alabama.
 - S continued at preemieworld.com/WhatsNew-2021-Mar

PREEMIE GENIUS

\star \star \star \star SAMMIE THE SALMON

Author and preemie mom, Debra Kline shares her story of having a preemie in such a captivating way.

Sammie the Salmon is a book that belongs on every preemie's bookshelf!

preemieworld.com/preemiegenius-2021-Mar

PREEMIE STORY OF THE MONTH

DARRYL TYRONE JOHNSON III (TRE')



"And when I passed by thee, and saw thee when thou wast in thy blood, LIVE; yea, I LIVE." - Ezekiel 16:6

66 "Darryl Tyrone Johnson III "Tre" was expected to make his grand entrance into the world on March 28, 2020. Instead, Tre' blessed us with his presence on December 5th, 2019 and shares a birthday with his mom, Kanedra Romaine Johnson," mentions Tre's dad, Darryl Jr.

Kanedra, was diagnosed with HELLP Syndrome, a potentially life-threatening disorder that occurs in 5-8% of pregnancies and polluted in thine own blood, I said unto thee because of this, Tre' made his entrance into the world at only 23 weeks with a 2% chance said unto thee when thou wast in thy blood, given from the doctors to survive.

continued at preemieworld.com/preemiestory-2021-Mar S



PREEMIE FREEBIES

ALLIANCE FOR BLACK NICU FAMILIES STATISTICS CARD

Did you know studies suggest that PPD is more likely to occur in women of color? This month's freebie shares statistics from the Alliance for Black NICU Families, an organization that seeks to raise the voice of black families in the NICU and post-NICU. Ahora disponible en Español.

- S get it at preemieworld.com/preemie-freebies
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