



# preemiePRO

Vol. IX, Issue 1: January 2022



## A NOTE FROM JENNY

PreemieWorld continues strong in 2022!

Check out our preemie resources - supporting both preemie parents and professionals.

**PreemieWorld Newsletters:** Get the latest preemie-related news, resources and support. Available by subscription only.

- <https://premieworld.com/subscribe-preemie-family/>
- <https://premieworld.com/subscribe-preemie-pro/>

**The Preemie Parent's Survival Guide to the NICU:** An invaluable resource for parents and pros. Use this code for 20% off: **PREMIeworld20**

<https://premieworld.com/store/>

**Alliance for Black NICU Families** - Supporting the Black preemie community.

<https://blacknicufamilies.org/>

**Preemie Crystal Ball:** A research portal for the preemie community from pregnancy and beyond. Join the movement! <https://crystalballhealth.com/>



[continued at premieworld.com/note-from-jenny-2022-Jan](https://premieworld.com/note-from-jenny-2022-Jan)

## STRATEGIC PARTNERS

PreTRM



pretrm.com

PROLACTA BIOSCIENCE



prolacta.com

CRYSTAL BALL HEALTH



felicemedia.com

NICU HEALING



nicuhealing.com

CRYSTAL BALL HEALTH



crystalballhealth.com

ONCE UPON A PREEMIE



onceuponapreemie.com

## WANT TO PARTNER WITH PREMIeworld?

Visit [premieworld.com/our-partners](https://premieworld.com/our-partners) to inquire.

## CALENDAR EVENTS

### CONFERENCES/EVENTS FOR NEONATAL PROFESSIONALS & SPECIALISTS

#### NEO - The Conference for Neonatology

- March 2-4, 2022
- Location: San Diego, CA
- Website: <https://www.neoconference.com/>

#### 18th ANNUAL Neonatal & Pediatric AirBorne Transport Conference

- May 4-6, 2022
- Location: Austin, Texas
- Website: <https://int-bio.com/airborne-conference/>



[continued at premieworld.com/calendarevents-2022-Jan](https://premieworld.com/calendarevents-2022-Jan)



## RANA DOKMAK

### NEONATAL REGISTERED NURSE | AL MOOSA HOSPITAL



Meet Rana Dokmak, Neonatal Registered Nurse at Al Moosa Specialty Hospital who chose to become a NICU nurse because, "I love babies, especially preemies." Rana has been a nurse for 18 years.

Nurse Rana provides this advice to preemie parents, "engage in your preemie's care and support their growth."

“ I am a nagging nurse when it comes to preemie's rights. ”  
- Rana Dokmak



[continued at premieworld.com/pro-2022-Jan](https://premieworld.com/pro-2022-Jan)



## HIS HEART BEATS

### OUTREACH: CENTRAL VALLEY OF CALIFORNIA



His Heart Beats focuses on sick children and their families in hospitals or those traveling for specialized medical care throughout the state of California.

After learning that there was a gap in support services, Founder and mother of a preemie with heart complications, **Tamara Trevino** was determined to start a group of supporters to encourage the community to mobilize its efforts to bring awareness and tangible means to help.



[continued at premieworld.com/his-heart-beats](https://premieworld.com/his-heart-beats)

- f [@www.facebook.com/PreemieWorld](https://www.facebook.com/PreemieWorld)
- in [@PreemieWorld](https://www.instagram.com/premieworld)
- www [www.instagram.com/premieworld](https://www.instagram.com/premieworld)

Vol. IX, Issue 1: January 2022

premieworld.com | © PreemieWorld, LLC. 2022



## PREEMIE SWAG



It's not just the cool design or perfect fit—our t-shirts help support our organization.

Each shirt is constructed with 100% fine jersey cotton.



## INSPIRING PROS PROSE

**MICHELLE HART, NICU NURSE | CHOC CHILDREN'S HOSPITAL**

*A very special shout out to Joshua's associate NICU nurse, Michelle. Thank you for everything you have done for us, for taking the time to hold the hand of a terrified preemie mom and for sending pictures of Joshua when I couldn't be there. You will always be a big part of our preemie journey. - Jenny McCormick*



## PREMIERWORLD TAGS

**JULIAN CORTES**



“Rockstar Preemie, Julian Cortes was born at 23-weeks gestation/3-days and spent 118 days in the NICU.

Today, Julian is 10 and he loves to read and enjoys martial arts.”

Tag us on Instagram before the 15th of the month for a chance to be highlighted!



continued at [premieworld.com/PWtags-2022-Jan](https://premieworld.com/PWtags-2022-Jan)



## WHAT'S NEW?

**BE FEATURED IN OUR MONTHLY NEWSLETTER!**



**Preemie Professionals:** We want to feature you in our monthly newsletters. Submit content: <https://premieworld.com/submit-preemie-pro/>

**Preemie/Angel Parents:** We want to feature your story. Submit content: <https://premieworld.com/submit-preemie-angel-month/>

**Preemie Pros Prose:** Give a special shout out to a wonderful preemie pro. <https://premieworld.com/submit-preemie-pros-prose/>



continued at [premieworld.com/WhatsNew-2022-Jan](https://premieworld.com/WhatsNew-2022-Jan)



## PREEMIE GENIUS



**MOTHER SHIP**

Author: **Francesca Segal**

A mother's beautiful memoir of hope, love, survival and the powerful bond of sisterhood in adversity.



[premieworld.com/preemiegenius-2022-Jan](https://premieworld.com/preemiegenius-2022-Jan)



## PREEMIE STORY OF THE MONTH

**REBECCA EILEEN DISCENZA**



“With challenges come gifts and everyone has challenges and everyone has gifts.”

- Deb Discenza

“We were expecting Becky November 14, 2003. I noted to my OB in August that I was early myself and therefore I was concerned she would be early, too. The OB told me this was my first baby and that I would be late and not to worry about it at all.”

“A month later on a family outing an hour outside of town, I quietly rushed into a grocery store and ran back to the bathroom. In there, all alone, I discovered that the bladder “accident” I had was actually preterm labor,” recalls preemie mom, Deb Discenza.



continued at [premieworld.com/premiestory-2022-Jan](https://premieworld.com/premiestory-2022-Jan)



## PREEMIE FREEBIES

**NEW YEAR VIBES 2022**

**New Year Vibes for the Preemie Parent.** Starting fresh! Download our Preemie Parent New Year's Resolutions 2022. Read and repeat! *Ahora disponible en Español!*



get it at [premieworld.com/preemie-freebies](https://premieworld.com/preemie-freebies)



[www.facebook.com/PremieWorld](https://www.facebook.com/PremieWorld)



@PremieWorld



@PremieWorld



[www.instagram.com/premieworld](https://www.instagram.com/premieworld)

**Vol. IX, Issue 1: January 2022**

[premieworld.com](https://premieworld.com) | © PremieWorld, LLC. 2022